### Practical application of interRAI data in HCSS service planning and delivery from one Provider's perspective

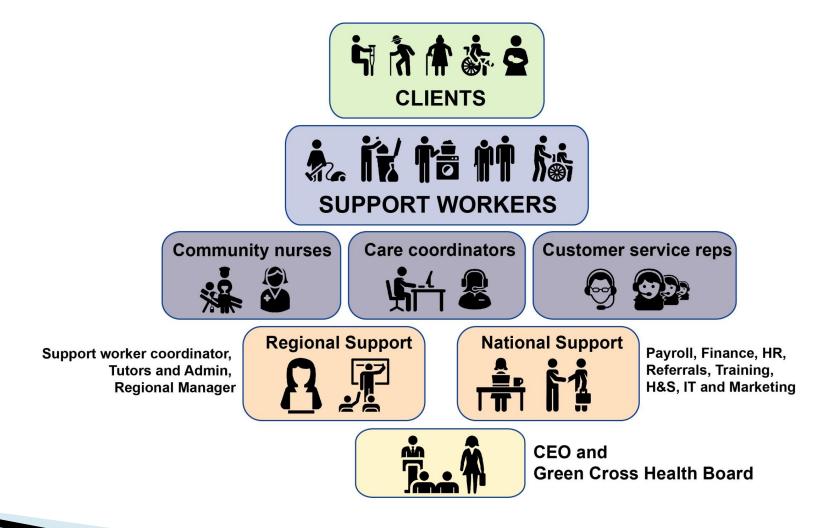
Sally Heppenstall Access Community Health 4 March 2020



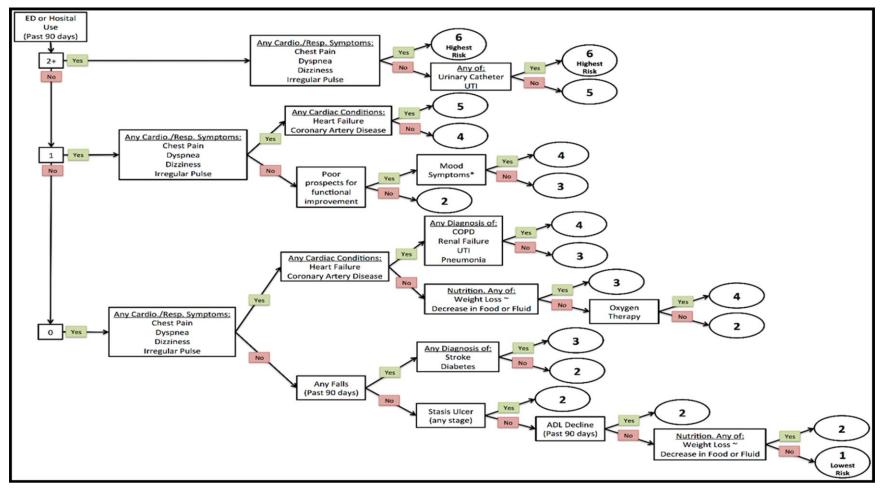
- Matching client needs with Support Workers competencies
- What HCSS could be doing if it was in the Service Spec
  - Evidence Based Practice DIVERT Scale and ED avoidance
- i-CARE interRAI Clinical Applications of Research Evidence (Waterloo)

### **Access Structure**

interRAI data Smart rostering, knowing who our Clients and Support Workers are



### **DIVERT SCALE**



# **DIVERT CARE**

Reduced ED admission by 20%. Cost \$4 per day (\$500 over 7 months) Acknowledgement: Connie Schumacher, McMaster University. DIVERT-CARE Trial (2020)

Nurse led self-management 15 weeks, 4 home visits, 4 follow up phone calls Focus: Symptom Recognition and Control	Vaccines - monitoring of vaccine status, advice on benefits	Medication Review, education and support with administration	Advance Care & Goal Planning
Client Oriented Care Record	SBAR Communication with Primary Care Providers	Inter-professional Team Case Rounds Weekly to support changing care needs	Helpline for clients needing assistance with self – management and problem solving

Data

#### Advance Care Plan, Maori and Pacific, Trade off question, Living alone et al

			2019
N1f - Infuenza Vaccine in LAST YEAR			CCDHB
- DIVERT Scale (1-6)	1 of 6	iN1a. Prevention - Influenza vaccine - 0. No	56
		iN1a. Prevention - Influenza vaccine - 1. Yes	178
	2 of 6	iN1a. Prevention - Influenza vaccine - 0. No	144
		iN1a. Prevention - Influenza vaccine - 1. Yes	407
	3 of 6	iN1a. Prevention - Influenza vaccine - 0. No	84
		iN1a. Prevention - Influenza vaccine - 1. Yes	268
	4 of 6	iN1a. Prevention - Influenza vaccine - 0. No	95
		iN1a. Prevention - Influenza vaccine - 1. Yes	236
	5 of 6	iN1a. Prevention - Influenza vaccine - 0. No	50
		iN1a. Prevention - Influenza vaccine - 1. Yes	162
	6 of 6	iN1a. Prevention - Influenza vaccine - 0. No	28
		iN1a. Prevention - Influenza vaccine - 1. Yes	104

			2019
N1h - Pneumovax vaccine in Last 5 Years or after age 65		CCDHB	
DIVERT Scale (1-6)	1 of 6	iN1b. Prevention - Pneumovaxx vaccine - 0. No	231
		iN1b. Prevention - Pneumovaxx vaccine - 1. Yes	3
	2 of 6	iN1b. Prevention - Pneumovaxx vaccine - 0. No	540
		iN1b. Prevention - Pneumovaxx vaccine - 1. Yes	11
	3 of 6	iN1b. Prevention - Pneumovaxx vaccine - 0. No	348
		iN1b. Prevention - Pneumovaxx vaccine - 1. Yes	4
	4 of 6	iN1b. Prevention - Pneumovaxx vaccine - 0. No	313
		iN1b. Prevention - Pneumovaxx vaccine - 1. Yes	18
	5 of 6	iN1b. Prevention - Pneumovaxx vaccine - 0. No	204
		iN1b. Prevention - Pneumovaxx vaccine - 1. Yes	8
	6 of 6	iN1b. Prevention - Pneumovaxx vaccine - 0. No	130
		iN1b. Prevention - Pneumovaxx vaccine - 1. Yes	2

Flu Vaccine

#### Pneumovax

## Future Research



- DIVERT-CARE evaluation methodology
- Evaluation of other targeted and time bound interventions e.g. addressing carer stress
- How often to reassess home care clients (Ontario)
- Equity lens ethnicity and trade off question

#### iCARE

### Research ideas

# References

https://bdg.mcmaster.ca/diverttrial

Costa AP, Schumacher C, Jones A, et al. DIVERT-Collaboration Action Research and Evaluation (CARE) Trial Protocol: a multiprovincial pragmatic cluster randomised trial of cardiorespiratory management in home care. BMJ Open 2019;9:e030301. doi: 10.1136/bmjopen-2019-030301