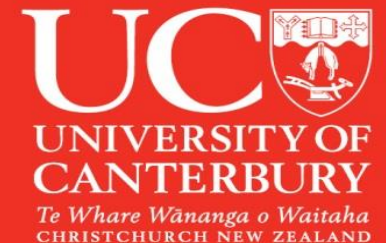


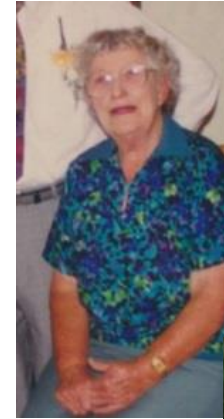
**Home is my happy place: Using  
the interRAI Community Health  
Assessment to benefit retirement  
villages and their residents**

Robyn Johnston, PhD(c)  
Professor Ray Kirk  
Senior Lecturer Kate Reid



# Who am I

- Longevity
- Ageing well
- Wellbeing
- PhD candidate



Bob (85) and Mary (83)

Married 62 years



# Ageing in Place

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*“The **resort-style facilities** include an all-weather bowling green, and a Village Centre with a heated indoor swimming pool and spa, gymnasium, internal atrium, beauty and hairdressing salon, library and internet services, dining room, bar, lounges, shop, and even a movie theatre.” (RV brochure)*

*“This gives you the **peace of mind** of knowing that the village provides resthome, hospital and dementia care in our on-site care centre. If the need arises you can **remain living within the village** community, and in close contact with your spouse or friends in the village.” (RV website)*

*We cover the full range of accommodation and care options. These broad offerings allow for 'ageing in place', so if any of our residents' needs change they are **able to stay with us**. (RV website)*



# Ageing in Place

## Why a Retirement Village?

- ❖ Increasingly acceptable option
  - **2009 - 9%**      **2018 – 13%**      **2043 -16%**
- ❖ Lifestyle
- ❖ Release capital
- ❖ Independence
- ❖ Safety, security
- ❖ **Continuum of care** to meet needs of both partners



# Benefits of using CHA for Retirement Village residents

Yearly CHA assessments would provide resident with

- Deeper understanding & awareness of personal health status & changes
- Empowered to be involved in maintenance and rehabilitation
- Maintain independence and autonomy
- Plan and prepare for smoother transition
- Reduction in moving trauma
- Couples within the same village
- Reduction in stress and demands on family members
- Situated within familiar community; support systems and friendship group
- Faith maintained in 'continuum of care'



# Benefits of using CHA for Retirement Village operators

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## Yearly CHA assessments would inform retirement village

- Knowledge of health status of independent residents on entry
- Provision for maintenance and rehabilitation programmes for residents
- Offering of additional services to allow residents to live independently
- Meeting the continuum of care expectations of residents and family
- Forecasting of demand for continuum of care for residents
- Maintain village culture and continuity
- Positive PR in wider community



# A place to call home: Influences on wellbeing when ageing in place with purpose

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